

Your compassion makes a difference

Give Hope Today!

Changing Seasons, Brighter Futures

October brings the beauty of fall, with changing leaves, cooler days and a reminder that every season brings opportunities for growth and new beginnings. At Bridge Haven, we see that same spirit of change and renewal in the lives of the women and families we serve.

Our homes remain full, and the need for safe, stable housing in our community continues. Yet even in the midst of challenges, we are reminded daily of the difference that support, encouragement and opportunity can make. Every milestone reached, every obstacle overcome and every step toward independence is a reason to celebrate.

This month, we're sharing updates from Bridge Haven, recognizing the people who make our mission possible and looking ahead to exciting opportunities for our community to get involved. As the seasons change, one thing remains constant: our gratitude for the donors, volunteers, businesses and community partners who continue to stand beside us.

Together, we're doing more than providing housing. We're creating opportunities for brighter futures, stronger families and lasting stability.

Through every season, we're building brighter futures together.

Break the Silence, Build Hope

October is Domestic Violence Awareness Month, a time to recognize the struggles that too often remain hidden behind closed doors. This month's theme, Break the Silence, reminds us that change begins when we are willing to talk about difficult things.

At Bridge Haven, we see firsthand how fear, shame and uncertainty can keep people trapped in unsafe situations. For many women and families, finding the courage to ask for help is the first step toward rebuilding their lives. Breaking the silence isn't just about speaking up. It's about listening without judgment, offering compassion and reminding someone they are not alone. Sometimes, simply knowing someone cares can give a person the strength to take that next step.

The need for safe housing continues to grow, and with every space in our program occupied, women and families are waiting for the opportunity to begin their journey toward stability. Every day, I am reminded how important it is to provide a safe place where healing can begin.

Today, I'm asking you to take one meaningful step to help. Consider becoming a monthly donor. It costs approximately $30 a day to support one person in our program. A recurring gift of $25, $50 or $100 a month helps provide safe housing, guidance and essential resources.

You can also make a difference by volunteering, introducing a friend to Bridge Haven or hosting a small gathering to share our mission. With our Avenues for Hope campaign approaching in December, I encourage you to consider becoming a peer-to-peer fundraiser. By sharing our story with your friends, family and coworkers, you can help us reach new supporters and raise much-needed funds. Every conversation creates awareness, every connection builds support and every gift helps us provide hope and stability to those who need it most.

Please join us. Together, we can break the silence, restore hope and help more families find their way forward.

Rebekah Little
Executive Director

SEPTEMBER REPORT

BED NIGHTS

August	**1,799**
Year to Date	**13,759**

5 **PROUDLY GRADUATED**
and moved forward into stable, independent living.

PEOPLE

Participants: 63

- Primary: 27
- Dependents: 33
- Spouses: 3

176% **Occupancy Rate**

Our occupancy rate can exceed 100% when we add temporary beds or cribs to keep families together — a reflection of both our flexibility and the community's high need for housing and safety.

ENTRY

Incoming: 9

- Primary: 4
- Dependents: 4
- Spouses: 1

EXIT

Outgoing: 13

- Primary: 5
- Dependents: 8
- Spouses: 0

Be the Steady Support *That Changes Lives*

At Bridge Haven, October reminds us to slow down, be thankful and look for the people who make this work possible our donors.

Right now, our homes are full and we have a waiting list of individuals and families who need a safe place to stay. Every day we meet moms, children and families who are working hard to rebuild their lives. They bring courage and hope, and your support helps us walk alongside them on that journey.

It costs approximately $30 per day to provide our program and services for one person at Bridge Haven. That includes safe housing, case management, transportation assistance, employment support, life-skills education and other essential resources.

Monthly recurring giving provides the steady support we need to keep doors open, meet daily needs and plan for the future. While one-time gifts are always appreciated, monthly gifts give us the stability to say yes when a new family needs help.

A gift of $10, $25, $50 or $100 each month may not feel significant on its own, but when combined with the generosity of others, it creates a powerful impact. A monthly gift of $30 helps provide one full day of Bridge Haven's program for one person. A $25 monthly gift becomes $300 over the course of a year enough to help provide approximately 10 days of support.

If you have ever considered becoming a recurring donor, we invite you to join us. Your consistent support helps provide safety, stability and hope for the women, children and families at Bridge Haven.



IT COSTS

$30

PER DAY

TO PROVIDE SAFE HOUSING, SUPPORT AND SERVICES FOR ONE PERSON AT BRIDGE HAVEN.

YOUR MONTHLY GIFT CAN MAKE A BIG DIFFERENCE

$30 PROVIDES ONE DAY OF SUPPORT

$210 PROVIDES ONE WEEK OF SUPPORT

$900 PROVIDES ONE MONTH OF SUPPORT

BECOME A MONTHLY DONOR

Your consistent support helps provide safety, stability and hope for women, children and families.

Small gifts. Big impact.

Stories that Stay with Me

Finding Strength and a Fresh Start

Some stories stay with me because they remind me just how strong a person can be, even when life feels impossible.

Recently, a mother and her two children came to Bridge Haven after escaping from domestic violence. She arrived carrying more than just their belongings. She carried fear, uncertainty and the responsibility of keeping her children safe.

Watching her growth over these past weeks has been truly inspiring. She is working hard to build a better life for her family. Her confidence is growing, her children are settling in and she is beginning to see a brighter future ahead.

What touches me most is her determination. She hasn't let her past define her future. Instead, she is taking one step at a time toward independence and stability.

Stories like hers remind me why we do what we do. Sometimes, all someone needs is a safe place, a little support and the chance to begin again.

Natalie Medeiros
Case Manager



Click the button below to see Avenues For Hope Explained!

Watch Video





A Heartfelt Thank You to Our LDS Volunteers!

At Bridge Haven, we are continually reminded of the incredible generosity and kindness within our community.

This past month, we were blessed to have a wonderful group of volunteers from The Church of Jesus Christ of Latter-day Saints (LDS) spend their time helping us make improvements to our North property.

From painting bathrooms to cleaning up the yard and tackling outdoor projects, these hardworking volunteers rolled up their sleeves and made a real difference. Their willingness to give their time, energy and talents means so much to our organization.

Maintaining our homes takes a great deal of work and resources. When community members step forward to help, it allows us to focus more of those resources on supporting the women, children and families who call Bridge Haven home.

But their impact goes beyond the work they completed. Their kindness reminds our participants that they are not alone and that their community truly cares.

To everyone from the LDS Church who came out to help, thank you!
We are incredibly grateful for your generosity, hard work and willingness to serve.

Together, we are building more than homes. We are building hope!

Have You Explored Our Website?

Our website is more than a place to find information. It's a window into the work happening at Bridge Haven and the families and community behind it. Take a few minutes to explore our updated site, learn more about our programs, discover ways to get involved and see what's happening at Bridge Haven.

Take a look around→

Thank You

Click the button below to watch a video about us!

About Us

Every act of support helps create pathways to home, dignity and healing.

Your generosity helps provide housing, supportive services and compassionate care for people working to rebuild their lives.

Together, we are not just addressing homelessness. We are helping restore hope, dignity, and the opportunity for healing



Rebekah Little
Executive Director

Give Hope Today!

Amazon Wishlist

Bridge Haven
BUILDING HOPE TOGETHER



You are being sent this email because you are a subscriber.
If you wish to update your Email Preferences or Unsubscribe, click *{{Unsubscribe}}*